



Ski Leader Checklist

A. Preparatory

- Licence and First Aid Documents to TGM
- Received and read TGM Procedures document.
- Received and read Risk Assessment document(s)
- Personal First Aid carried
- Insurance documents received and carried.
- Induction / update received from Senior Instructor.
- Received and read Snowsports Award Documents.
- Received contact numbers.
- Completed and carry group list with ski numbers.
- Noted any medical conditions in group
- Informed and noted Start/Finish/Break times and meeting points.
- Aware of and introduced to any school staff accompanying group
- Group Ski/Safety Briefing given as per briefing sheet (If designated)

B. Prior to Skiing

- Handover from school staff
- Check group against list and note any changes
- Check personal clothing
- Visual check of skis/boots/poles.
- Check group have eaten breakfast.
- Check for any injury illness and that any personal medication is carried.
- Check that sunscreen is applied.
- Remind of key safety issues.
- Discuss plans for Session.

C. End of Session.

- Check group against List
- Check for any visible equipment damage.
- Obtain feedback on ski day/discuss plans for next day.
- Handover to school staff.

Ski Safety Brief : Key Issues

- General introductions, past experience, hopes and expectations, concerns, resort intro.
- Clothing and awareness of wind effect and lifts stopping.
- Sun effects and use of protection. (Glasses and gloves worn, arms and legs covered)
- Groups **not** leaving coach until all skis checked.
- Groups **staying together** and 'Pals' systems.
- **No** going up a lift or down a piste without direct instruction.
- **No** Free or Off Piste Skiing.
- Value of lift pass (**Not** covered by insurance – write name on pass)
- All to have contact details for Teacher/Leader/Coach/Hotel.
- Outline timetable for 'typical' ski day. (Details from Senior Instructor on Coach each day)